

Angus Glen Older Adults Club

Protecting Sight for Independence - Eye Health Seminar
保護視力以維持獨立 - 眼睛健康知識講座

日期 ： 2026年11月28日 (星期六)　時間：上午 10:15 － 11:15

Date : November 28, 2026 (Sat)　Time: 10:15 – 11:15 am

Co-hosted by :
Dr. Ken Wan, OD, FAAO, Dipl ABO
and AGOAC – Outreach Program

聯合舉辦:
Dr. Ken Wan 眼科醫生
及 愛耆社外展團隊

Presentation Content 講座內容：

- Know which symptoms are urgent
  了解哪些症狀是緊急的
- Know where to start when something's wrong
  知道在出現問題時該從哪裡開始處理
- Learn how to describe health problems clearly
  學會如何清楚地描述健康問題
- Understand why regular exams matter
  了解為什麼定期檢查很重要
- Build helpful habits for your eyes
  建立對眼睛有幫助的習慣

Q & A time is available.

另有提問時間。

Location: Angus Glen Community Centre Room OAC
3990 Major Mackenzie Drive East,
Markham, Ontario L6C 1P8



地點：愛耆社中心 OAC 康樂活動室
3990 Major Mackenzie Drive East,
Markham, Ontario L6C 1P8

費用： 免費
(英語講座，輔以中文)

Fee: Free

** Language: English / Supported by English Chinese Bilingual Facilitators

Organized by Angus Glen Older Adults Club (AGOAC)

Outreach Program

Contact and Register: Email: Outreach@agoac.com